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Ask Kathryn MacMillan, founder of the successful recruitment and employment company Nine2Three, about growing her business and she'll tell you it's about hard work, commitment and focus.She'll tell you too that moving into the SSHED, council's business accelerator, was also a smart business move.

'Eight years ago, I used the hot office at the SSHED to interview clients and candidates. I was so impressed by the program and professional office space, I moved into my own office.

'For the next four years I grew from hiring out bookkeepers and office staff into supplying full service recruitment and on-hired staff, HR management, career coaching and training services,' said Ms MacMillan.

Today, Nine2Three has offices in Sutherland, clients across Sydney, large government contracts and a candidate database of more than 6000.

Ms MacMillan has also published her first book, 'Kick Start Your Career Again' and is a regular guest speaker at industry events presenting on topics such as returning to the workforce, benefits of employing mature age workers, skills shortages, and productivity.

Ms MacMillan has come full circle and is now mentoring the next generation of local entrepreneurs at the SSHED.

Kathryn is now part of the SSHED's Board of Advice, sharing her experiences and being a sounding board for other businesses owners.

'When establishing Nine2Three, I had a lot of guidance and help. When you're facing a challenge in your business, it can be invaluable talking to someone who's faced similar situations and to learn how they moved forward,' explained Kathryn.

'Many people have been incredibly generous to me, sharing their knowledge and insight. Now it's time to give back and work with other businesses at the SSHED,' explained Kathryn.

According to Craig Doyle, SSHED Manager, it's very satisfying and rewarding to have past tenants wanting to contribute and put back into the SSHED program.

'Kathryn works with many businesses and has a wealth of experience, suggestions and practical advice to share,' added Mr Doyle.

Since 2003, the SSHED has worked with 96 businesses and more than 470 jobs have been created.

For more details call 9545 7777 or email info@sshed.com.au